

THE LEXI CINEMA RUN COMMUNITY

START DATE
Sunday 6 April
10am



Get fitter
& see a movie
for FREE -
what's not
to like?

FANCY GETTING A BIT FITTER BUT NEED SOME ENCOURAGEMENT TO GET STARTED?



Every Sunday for 10 weeks (starting 6th April)
**The Lexi invites run beginners to form what could
be the world's first Community Cinema Run Crew!**

We'll meet up outside the Lexi at 10am & Run Leaders from popular local run initiatives will take us for a fun 3km run/walk around a local green space. (eg: Queens Park, Roundwood Park & King Eddie's). You don't need any special kit - just some trainers - and it'll all be at chat pace and no-one will be left behind.

Even better: if you join us six times you'll receive a **FREE CINEMA TICKET** and Salusbury Rd's 'Beyond Health' will kindly donate one to the Lexi's **COMMUNITY FILM PROGRAMME** so someone less fortunate can also enjoy a movie.

#LexiRunCrew
#forthegoodofthehood
More info at bit.ly/LexiRunCrew

