

KENSAL TRI

GET FITTER,
MEET NEW PEOPLE
& RAISE £££'S FOR
LOCAL CHARITIES



WE NEED YOU!

FOR A BRILLIANT DAY-OUT AT BLENHEIM PALACE

SATURDAY
6TH JUNE
2026



FOR THE GOOD OF THE 'HOOD

Adult Option 1

RELAY FUN

Buddy up with three friends to do the leg you like best:

- Swim 750 metres
- Cycle 19.8km
- Run 5.3km



Raise money for the local charity of your choice



Adult Option 3

SPRINT

Try the (half) Tri!

- Swim 750 metres
- Cycle 19.8km
- Run 5.4km



BE PART OF A FANTASTIC COMMUNITY SPIRIT

Adult Option 2

SUPER SPRINT

Do your own quarter-length, mini-Triathlon

- Swim 400 metres
- Cycle 13.2 km
- Run 2.9km

- Options suitable for every level of fitness
- We're 4-74 years old
- Done at YOUR speed, in beautiful countryside, with lovely people. We do this together
- Free & discounted local swim, bike and running training
- Fundraising is optional - you choose your local charity
- Discounted entry & bursaries for students
- Over 700 people from our area have taken part since 2018!!



DON'T BE AFRAID TO 'TRI'
EVERYONE WELCOME!

Challenge your friends & neighbours



WE ARE THE LARGEST GROUP AT BLENHEIM!

YOU DON'T HAVE TO BE SUPER FIT TO HAVE FUN TOGETHER!

KENSAL TRI

FOR THE GOOD OF THE 'HOOD

SATURDAY
6TH JUNE
2026



For more information on how to join in with this
totally fabulous community event contact
kensaltriathlon@gmail.com



Design by rgjlondon.co.uk

www.kensaltri.com  [kensaltri](https://www.instagram.com/kensaltri/) #forthe good of the hood

THE LEXI
CINEMA

everyone
ACTIVE
Moberly Sports Centre



STORMLDN
BOUTIQUE BOXING

MAAM
CLOTHING

STEEPS.
THE STEEPLECHASE CO.
steeps.co.uk



Winkworth

1Life
Live more. Live well.

